

Yeppoon SLSC

2018/19 Training Calendar

BRONZE MEDALLION

Certificate II in Public Safety (Aquatic Rescue)

Overview:

The aim of the Bronze Medallion course is to develop your skills and knowledge to perform the role of a patrolling lifesaver on the beach. You will develop skills and knowledge to select appropriate equipment (tube, board, AED, radios) when responding to an aquatic rescue or during routine patrol duties.

Pre-Requisites:

- At least 15 years of age at date of assessment
- 400m pool swim in under 9minutes

When:

Sunday 15th September – 28st October (1pm-5pm)
Sunday 11th November – 23rd December (1pm-5pm)
(25th Nov 8-4pm)

SURF RESCUE CERTIFICATE

Overview:

This course is aimed at members wanting to participate on patrol or as water safety personnel for Surf Sports or Junior Activities. The SRC is a stepping stone towards a Bronze Medallion, with less demanding assessment tasks. The aim of the course is to develop basic skills about surf awareness, first aid, rescue, CPR and patrols.

Pre-Requisites:

- At least 13 years of age at date of assessment
- 200m pool swim in under 5minutes

When:

During Nippers U14 sessions until complete
Sunday 11th November – 16th December (1pm-5pm)

ADVANCED RESUSCITATION TECHNIQUES

HLTAID007 Provide advanced resuscitation techniques

Overview:

The aim of this course is to develop skills in using AEDs, suction, airway management equipment, oxygen during resuscitation and to administer oxygen to a conscious or unconscious patient.

Pre-Requisites:

- At least 15 years of age at date of assessment
- Proficient in **one** of the following awards:
 - Bronze Medallion
 - Apply (Senior) First Aid
 - Resuscitation Certificate

When:

Sunday 14th October (8am-4pm)
Saturday 1st December (8am-4pm)
Sunday 3rd March (8am-4pm) TBC @ Emu Park

FIRST AID

HLTAID003 Provide First Aid and HLTAID001 Provide CPR

Overview:

This course is developed to meet the identified needs for a member wishing to extend their knowledge of providing first aid.

Pre-Requisites:

- At least 14 years of age at date of assessment

When:

Saturday 13th October (8am-4pm)
Sunday 25th November (8am-4pm)
Saturday 16th February (8am-4pm) TBC @ Emu Park

SILVER MEDALLION – IRB DRIVER

PUASAR014A Operate and maintain a small powercraft and motor for rescue operations

Overview:

The aim of this course is to help you develop knowledge and skills to safely and effectively drive an Inflatable Rescue Boat.

Pre-Requisites:

- At least 17 years of age at date of assessment
- Qld Recreational Marine Licence
- Proficient in the following awards:
 - Bronze Medallion
 - IRB Crewman Certificate

When:

3rd and 4th November (9am-3pm) at Emu Park
19th and 20th January (9am-3pm) at Yeppoon TBC

IRB CREWMAN CERTIFICATE

PUASAR015A Crew small powercraft in a rescue operation

Overview:

The aim of this course is to help you develop skills and knowledge to effectively participate as crew in rescues using an IRB.

Pre-Requisites:

- At least 15 years of age at date of assessment
- Proficient in the following award:
 - Bronze Medallion

When:

3rd and 4th November (9am-3pm) at Emu Park
19th and 20th January (9am-3pm) at Yeppoon TBC

To enrol in these courses please email Kirsty Glithero on cto@yeppoonslsc.com.au, at least 2 weeks prior to the course start date.

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SILVER MEDALLION BEACH MANAGEMENT

PUATEA002B work autonomously; PUAOPE027A Undertake beach safety management activities; BSBFLM312C Contribute to team effectiveness.

Overview:

This course is aimed at experienced lifesavers wanting to be a patrol captain or lifeguard. It is an extension of basic principles learnt in the Bronze Medallion course and equips members to be an entry level beach manager and team leader.

Pre-Requisites:

- At least 17 years of age at date of assessment
- Hold a Certificate II in Public Safety (Aquatic Rescue)
- Be proficient in **ONE** of the following awards:
 - o Bronze Medallion
 - o Apply (senior) First Aid
 - o Radio Operator Certificate
 - o Advanced Resuscitation Certificate
 - o Spinal Management

When

Saturday October 6th (9am-3pm)

PROFICIENCIES (PATROL AWARDS)

Bronze Medallion, Resuscitation, SSV, Advanced Resuscitation Techniques, Surf Rescue Certificate.

Information:

Patrol Captains Saturday 15th and Sunday 23rd September (9am-2pm)

Members to complete with Patrol Captains during patrols
Please see your Patrol Captain for more information

Last chance General session : Sunday 30th Dec (9am-12pm)

Pre-Requisites:

- Online Skills Maintenance completed – to be found in courses section on Members Portal
- Pool swim 400m in 9 minutes or less if no proficiency completed in 2017 season

Run Swim Run's

These will be held Sunday mornings at 8.45am with dates advertised on an ongoing basis

Not to be completed on patrol

PROFICIENCIES (IRB AWARDS)

SM – IRB Driver, IRB Crewman

Information:

Saturday 15th September (12-2pm)

Sunday 23rd September (12-2pm)

Sunday 7th October (11-1pm)

Sunday 4th November @ Emu Park TBC

Saturday 15th December (1-3pm)

Sunday 30th December TBC

MARINE STINGER CERTIFICATE

Overview:

A requirement for all Bronze medallion holders patrolling in tropical waters from Jan 2019.
This course provides the skills to complete stinger drags and recognise and appropriately treat marine stings.

Pre-Requisites:

- Hold a Certificate II in Public Safety (Aquatic Rescue)

When

Saturday 15th September 2pm

Sunday 23rd September 2pm

Sunday 7th October 2pm

Sunday 21st October 1pm

Saturday 10th November 1pm

Sunday 18th November 11am

Sunday 16th December 1pm

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